

Functional Fascial Anatomy



with Dr. Robert Schleip & Prof. Carla Stecco
assisted by Gil Hedley PhD & John Sharkey MSc (as special guests)

January 27.-31, 2020
at the Plastinarium in Guben, Germany

This 5-day workshop is conducted in support of the *Fascia Plastination Project* (a cooperative project of the www.fasciaresearchsociety.org, www.fasciaresearch.de and www.plastinarium.com) to prepare the world's first 3D plastinated expression of the human fascial network.

This workshop builds upon – but does not require previous participation at – two previous workshops already held at the Plastinarium in 2019. These resulted in the creation of ten plastinated fascial tissue specimens (which were exhibited at the 5th Fascia Research Congress, Berlin, November 2018, and can still be viewed with the free smartphone App 'otocast' ->Berlin/Germany ->'Fascia in a NEW LIGHT').

Based on the inspiring experiences and achievements of these preparatory steps, this new workshop intends to support the further creation of a plastinated full-body demonstration of the human fascial network. Course participants can expect to be included in discussions and decisions relating to the anatomical, technical and artistic challenges of this historic project, as well as to devoting some of the course time for preparatory practical work, such as supervised tissue dissection or specimen positioning. The exact nature and extent of that work will be up for the group's decision and will also depend on the state of the long-term work from the Plastinarium staff for *Fascia Plastination Project* at that time.

Other parts of the course will consist of educational prosection, in which the teachers demonstrate fascial connections on a formalin fixated body for the participants. Finally, specific anatomical lectures and hands-on palpatory instruction in a seminar room environment will help to bridge the connection between the dissection room and alive fascial tissue properties. Focus will be placed on anatomical relationships which contain a high relevance for fascia oriented manual or movement therapy.

The teaching of the two main instructors, Prof. Carla Stecco and Dr. Robert Schleip, in the dissection room as well as in the seminar room will be enriched by the well-known anatomists Gil Hedley PhD and John Sharkey MSc, who plan to be on-site during all five course days.

Start: January 27, 2019 at 11:30 am
End: January 31, 2019 at 3:30 pm
Location: Gubener Plastinate, Guben, Germany
www.plastinarium.de/en/visitor_info/anreise_copy.html

Notes:

- We appreciate if you plan your time such that you will arrive on time and can stay until the end.
- Travel time from Berlin city center: via train approx. 2 hrs; by car: 2 hrs – 2 ½ hrs.
- Parts of this workshop will be captured by video/photo recording for a future documentation of this project. With your registration you agree to a potential public usage of these recordings. You are also welcome to take photo/video recordings yourself and to share them with the group (guidelines will be given at the workshop).
- Housing is available upon request nearby (usually between EUR 22- 30/day). You will receive related info after your registration.
- Recommended literature: Carla Stecco: Functional Atlas of the Human Fascial System (If possible, have this atlas with you during the workshop, as it will be used as frequent resource).

Educational direction: Dr. Robert Schleip (Ulm University, Germany) and Prof. Carla Stecco (Padua University, Italy). They will be assisted by Gil Hedley PhD (USA), John Sharkey MSc (Ireland) plus skilled dissectors from the Plastinarium.

Organization & administration: Somatics Academy GmbH, www.somaticsacademy.de as principle administrative organizer in collaboration with Fascia Research Group (Ulm Univ.), the Fascia Research Society and the Plastinarium GmbH (www.fasciaresearch.de , www.fasciaresearchsociety.org, www.plastinarium.de).

Course fee: EUR 1880,-

Register at: <https://app1.edoobox.com/de/SuSch/Anatomy/Kurs.ed.351139/>